

Unlock Your Career Potential with Your Strengths

A new approach to energising your career success

Workshop Summary:

Are you tired of trying to develop your career by attending to your weaknesses? Are you drained by the list of things you think you have to fix before you can achieve what you want? Here is a different approach to unlocking your career potential which takes less effort, is more enjoyable, will energise you, improve your “can do” and confidence and give you the results you desire.

In this workshop you will gain a deeper understanding of what strengths are, what your own are, how you can use them, build on them and make an action plan which will inspire and energise you.

What you will learn:

- What your own, key strengths are and how to use them in developing your career
- How to create strategies which build on your strengths and downplay your weaknesses
- How to create an personally motivating plan you can take to and proactively implement with your manager.

Who will benefit:

- Those who are frustrated or feeling stuck in their career
- Anyone who wants a new perspective and renewed confidence about their career
- Those who are ambitious to achieve more and want fresh ideas on how.

Gill's biography & credentials:

“Gill looks at the whole person, drawing out personal strengths, values and aspirations to find an authentic approach to development. I highly recommend working with Gill”

Michael Lovibond *whilst Director of Operations/NETSCC (National Institute for Health Studies)*

“After the strengths workshop for the new business with my Head Office staff, we all left feeling both energised and positive about the business and our future roles”

Rachel Humphrey *President/CEO Cargo Connections*

“Gill's guidance was exceptionally useful. She helped me identify my strengths and how to use them in the context of interviews for consultant level and ongoing management practice.”

Dr Andrew Flatt *Consultant Microbiologist, NHS*

Gill How has over twenty years' experience of working with a wide range of professionals to help them achieve the results they desire. She is passionate about leadership development, is an engaging speaker and workshop facilitator, blogs monthly about leadership, personal development and high performing teams, and is an expert in positive change.

Email: gill@gillhow.com Tel: +44 7973 344609 Web: www.gillhow.com